

OCTOBER IS:

Dating and Domestic Violence Awareness and Prevention Month

By raising awareness in our community and practicing skills to disrupt abusive or violent behaviors, we can help to reduce the number of people affected by dating and domestic violence and show support for survivors. Join these events throughout the month to **build community and connection with others who care about preventing violence.**

Cookies with Campus Advocates

Wednesday October 4th
12-1pm
Ground Floor, Ross Dining

Drop in to the Health & Wellness Education Office to meet some of our campus advocates who provide support for students experiencing power based personal violence. Bring your questions and enjoy some light snacks!

Meet MiddSafe

Thursday October 5th
5:00-6:40pm
Outside of Proctor Dining
Hall

Spend time with peer advocates talking about the resources MiddSafe has to offer our community.

Pick up some candy and MiddSafe stickers so you can be part of sharing this important resource with people you care about!

Crossroads with Middlebury's Sexual Assault Nurse Examiners (SANEs)

Tuesday October 10th
2:00-3:00pm

Crossroads Cafe, Davis
Library

Meet and learn more about Middlebury's Sexual Assault Nurse Examiners (SANEs). Nurse Practitioners who have special training to complete forensic exams for students who have experienced sexual violence. Stop by the table with questions and receive a free Crossroads drink!

Proactive Prevention of Relationship Violence

Tuesday, October 17th
with George Howard

Let's explore social dynamics and community practices that make relationship violence less likely to occur.

Lunch Time Talks

12:30-1:15pm
Health & Wellness Education
Ground Floor below Ross
Dining

Bring your lunch and join us!

Talk Emotions with Your Partner(s)

Thursday, October 26th
with Maddie Hope-Lyng

A lunch time workshop all about ways to manage overwhelming emotions to improve the health of your interpersonal relationships.

Proactive Green Dot Challenge!

All month long

Tag [@GreenDotMidd](#) or email healthandwellnessed@middlebury.edu with your proactive Green Dots to receive Green Dot giveaways from Health & Wellness Education.

Wear Purple Day Photo Shoot

Thursday, October 19th
11:30am-1:00pm
Proctor Terrace

Wear Purple Day is an easy way for organizations, offices, classes and individuals to get involved in Dating and Domestic Violence Awareness Month.

Join us in wearing purple clothing to raise awareness and show support for those who have experienced relationship violence.

This calendar is brought to you by Health & Wellness Education and supported by campus and community partners.

To contribute to future calendars email: healthandwellnessed@middlebury.edu